



THE SHIELD

A Monthly Magazine from

State Banks' Staff Union (Chennai Circle)



Post Box No.1754, State Bank Building, No.84, Rajaji Salai, Chennai - 600 001.

Office : 044-2521 9329 | 2522 0731 | 2522 7179 | Fax : 044-2524 3524

E-mail : sbsugeneral@gmail.com | sbsuchennai@yahoo.com | Web : www.sbsuchennai.com

Issue No. 13 - JANUARY 2024 - FOR INTERNAL CIRCULATION ONLY.

Dear Comrades,

I am extremely delighted and elated on successful completion of one remarkable year of our e-magazine "The Shield". The journey has been an extraordinary one marked by happenings in Trade Union and Banking Industry. I would like to express my deepest gratitude to our talented contributors, dedicated team, and most importantly, you - the members. Your enthusiasm and engagement have been the driving force behind our success. The whole purpose of this magazine is to stay connected, convey our message and enrich you all.



As we bid farewell to 2023, I am excited to echo on the remarkable achievements we've made together and share our vision for the year ahead. In the past year, our union has navigated through various challenges and celebrated victories that have strengthened our collective voice and advanced the interests among our members. **The finalization and signing of the historic MOU of XII Bipartite without any organizational programs like demonstration or strike, in a short span of 403 days remains as top achievement of 2023.**

As we stand on the threshold of a new year, let us look forward with hope and determination. In 2024, our primary focus would be recruitment of messengers and armed guards in the Bank. Recruitment of enough clerical staff will continue to be our top priority. We will continue to empower our members by investing in education and training programs, to upgrade their skills and knowledge.

Wishing you and your loved ones a prosperous and fulfilling year ahead.
Here's to another year of inspiration, learning, and growth!

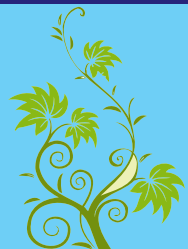
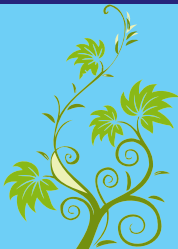
G. KRIPAKARAN
GENERAL SECRETARY

EDITORIAL

Editor in Chief - Com. V. Sridharan - President

Associate Editors:

1. Com. Emmanuel Elaventhana - Deputy General Secretary (HQ)
2. Com. Habeeb Rahiman A - Assistant General Secretary
3. Com. Usha U - Assistant Treasurer
4. Com. Ananthakrishnan S - Ex-Servicemen Representative



DOWNLOAD THE SBSU VOICE APP



1st Anniversary Edition

2023 – A STUPENDOUS JOURNEY...

Reflecting on the past year, we are proud to have achieved numerous milestones together. Let's look back and reminisce.

IMPORTANT CELEBRATIONS/ EVENTS:

- Our SBSU (CC) celebrated the International Women's Day on 11 March, 2023 at The Residency Towers, Chennai. The colourful celebration became more remarkable with the presence of Dr (Smt.) TAMILISAI Soundararajan, Honorable Governor of Telangana and Honorable Lt. Governor of Puducherry as our Chief Guest.
- Members meet throughout the Circle were held and members interacted with our General Secretary
- Executive Committee meetings of our Federation was held in almost all circles frequently to discuss and deliberate on various issues.
- May Day observed as International Labour day was celebrated with our former Senior Vice-President AISBISF and General Secretary Com. C. M. Baskaran as our Chief Guest.
- Inauguration of office premises for our Sub-office Chennai 2
- International Yoga Day
- 78th Foundation Day of our Union
- 69th Foundation Day of our SBI Staff Cooperative Society Ltd.
- NCBE - National General Council at Panchkula, Chandigarh
- CONFLUENCE - Central Committee Members of SBSU (CC) and Executive Committee Members of SBIOA(CC) met on 11 August, 2023 at Pondicherry for a joint session named "Confluence 2023" to function as one supporting each other.
- SYNERGY 2023 -24 - Our beloved Chairman Shri. Dinesh Khara met all General Secretaries of Circle Unions
- NCBE - Pondicherry State General Council Meeting 2023

- UNIGLOBAL UNION - 9th National Congress of Financial Institute Employees Union of Nepal (FIEUN) of UNI at Kathmandu, Nepal.
- The Lakshmi Vilas Bank Employees' Union (LVBEU) - 35th Conference at Chennai
- The 13 Anniversary Meeting of Former Council Members of All India SBI Staff Federation was held on 05.03.2023 at Hyderabad.
- Youth Conference at Ahmedabad and Amaravathi Circle
- 165th Workshop of NATURE, AISBOF - DPC Workshop for officers
- All India DPC Workshop for office bearers at Kolkatta and Hyderabad.
- General Body meeting of SBIPA Chennai Circle at Trichy

TRAINING AND DEVELOPMENT INITIATIVES:

- Inauguration of "Leadership Development Program"
- First to conduct "All India workshop on DPC"
- AGS Conclave
- DGS Conclave
- Preventive Vigilance session for staff working at RACPCs.

COMMUNITY OUTREACH:

- Death Anniversary of our Veteran Leader Com. V. Ganesan commemorated by distribution of school uniform At Chennapuri Annadana Samajam Destitute Children Home.
- Our union actively engaged in community service and outreach programs, reinforcing our commitment to social responsibility. A trust was formed under the name of "SBSU CARES" a social initiative to help the needy and poor by distribution of welfare measures.
- GJMAS - Golden Jubilee Meritorious Award Scheme - to meritorious wards of members.
- PJMAS - Platinum Jubilee Meritorious Award Scheme - to staff and wards who excel in extracurricular activities.

GLIMPSES OF 2023



GLIMPSES OF 2023



DOWNLOAD THE SBSU VOICE APP



உழவுக்கு வந்ததை ஒசல்வோம்

அன்பானவர்களுக்கு... உழவர்தின நல்வாழ்த்துகள்.

நம் விவசாயிகள் சேற்றில் கால் வைக்காவிட்டால் நாம் சோற்றில் கை வைக்க முடியாதல்லவா? விவசாயம் அவ்வளவு எளிதான செயலல்லவே.

கஷ்டப்பட்டு நிலத்தை உழுது பண்படுத்தி, வியர்வை சிந்தி பயிரிட்டு, நீர்பாய்ச்சி, களைநீக்கி நோய்கள் அண்டாது கவனித்து, பறவைகள்- விலங்குகளிடமிருந்து பாதுகாத்து, வெயில்காய்ந்து, மழைகொண்டு, பாடுபட்டு செய்யும் அறுவடையினால்தான் அவனுக்கும் பேறு நமக்கும் சோறு.

இத்துணை சிரமங்களையும் பொருட்படுத்தாது அவன் மீண்டும் மீண்டும் உழன்று வருவதால்தான் சுற்றிக்கொண்டே இருக்கும் இந்த உலகமே அவன் பிடிக்கும் ஏரின் பின் செல்கிறதாம்.

"சுழன்றும் ஏர்பின்னது உலகம்"

- வான்புகழ் வள்ளுவன்.

முண்டாசுக்கவி பாரதியும்

"உழவுக்கும் தொழிலுக்கும் வந்தனை செய்வோம்.

பயிற்றி உழுதுண்டு வாழ்வீர்" என்கிறார்.

"இதுவரை விளம்பரப்படுத்தப் படாத ஒரே தொழிலும் விலைமதிப்பற்ற ஒரே தொழிலும் விவசாயம் தான்."

உலகிலேயே தான் உருவாக்கிய பொருட்களுக்கு விலை நிர்ணயிக்கும் உரிமை, இந்த விவசாயிக்கு மட்டும் எப்பொழுதுமே மறுக்கப்படுகிறது.

வியாபாரிகளிடம் பேரம் பேசுவதுபோல் விவசாயிகளிடம் பேரம் பேசாதீர்கள்.

உழவன் கணக்கு பார்த்தால் உழக்கு கூட மிஞ்சாது என்பார்கள். சொற்ப இலாபத்திற்காக, வானம் பார்த்த பூமியில் அவன் செய்யும் வேலையை எல்லோராலும் செய்ய முடியாது. அந்த வானம் பொய்க்கும்போது வாடிக்கருகுவது விளையாத பயிர் மட்டுமல்ல: விவசாயியின் உயிரும் தான்.

கணினி வேலையை கௌரவமாகவும் கழனி வேலையை குறைத்தும் பார்க்கும் நாம்

இனியேனும் உணரவேண்டும். . . " அரிசியை

இன்டர்நெட்டில் டௌன்லோட் செய்ய

முடியாதென்று".



வருடத்தில் ஒருநாள் உழவர்தினம் கொண்டாடும் நாம் இனி வருடமெல்லாம் உழவர்களைக் கொண்டாடுவோம். வாழ்வெல்லாம் உழவினைக் கொண்டாடுவோம்.



Geetha K
Treasurer, SBSU (CC)

MEMBERS' MEET AT COIMBATORE

Members' Meet of staff working in and around Coimbatore area was held on 26th December 2023 at Coimbatore A.O. President Com. V. Sridharan presided over the meeting. Deputy General Secretary Com. Senthil Kumar S welcomed the gathering. Our General Secretary Com. G.Kripakaran briefed on wage revision and interacted with the comrades and responded to their queries. The meeting was organized deftly in



less than 2 hours by Assistant General Secretaries Com. Sakthivel N and Com. Jayachanthiran J. As soon as a call was given the members flocked to the venue with love and affinity towards our organization. Vote of thanks was delivered by Vice-President Com. Christopher Jayachandran J.

BIPARTITE MEETING AT BHOPAL

Quarterly Central Bipartite meeting between the Management and Federation was held at Bhopal on 29th October 2023. Deputy Managing Director and CDO Shri. Om Prakash Mishra along with DMD and CDO designate Shri. Binod Kumar Mishra, Chief General Manager (HR), Chief General Manager (Bhopal Circle) and other HR officials of Corporate Centre representing the Management participated in the meeting. General Secretary Com. Sanjeev K Bandlish represented the federation along with all the executives.



DEATH ANNIVERSARY OF VETERAN LEADER COM. V. GANESAN

DEATH ANNIVERSARY OF OUR VETERAN LEADER COM. V. GANESAN COMMEMORATED BY DISTRIBUTION OF SCHOOL UNIFORM AT CHENNAPURI ANNADANA SAMAJAM DESTITUTE CHILDREN HOME.

Every year 4th December we pay homage to our Former General Secretary Com. V. Ganesan on his death anniversary. This year we have distributed school uniform to the destitute children at Chennapuri Annadana Samajam Destitute Children Home.



LAURELS AND ACCOLADES

KANISHKA - THE MAKING OF GRANDMASTER



Kanishka, the daughter of Com. Saravanan V (Grahak Mithra/ Record Keeper of CAC Salem and her team won the Gold Medal in the 67th National School Games Chess Under -14,17,19 Boys and Girls Championship 2023-24 by School Games Federation of India at Vellore. She also won all (6/6) rounds in individual category as well.



COM. RAMESH - MILES TO GO

WHAT DOES IT TAKE TO BECOME A PROCAM SLAM CHAMPION? To become a Procam Slam Champion (starting January 2023): A runner needs to participate and complete the respective feature race in each of the 4 Procam Running events, starting January 2023. Com. Ramesh R, Armed Guard completed his 4 marathons and has been awarded Procam Slam Award and Medal.

He has participated in the following races last year:

1. Tata Mumbai Marathon - 15.01.2023 - 42.2 km in 3:59:14 hrs
2. TCS Bengaluru - 21.05.2023 - 10 km - 47:09 mins
3. Vedanta Delhi Half Marathon - 21.1 km - 1:42:08 hrs
4. Tata Steel Kolkata Marathon - 25 km - 1:56:47 hrs



BE VIGILANT

In one of the Branches, which is a campus branch had witnessed an unusual way of fraud by an outsourced employee working at the branch.

MODUS OPERANDI:

A trust account was transferred to a new city from where the account was operated previously. KYC of the trustee was updated in the account. PAN and Aadhar obtained afresh and IDs updated. Trust funds were routed through various transactions to accounts at different Banks. It was shocking to know that the trustee for whom KYC was updated and transactions were made was no more when the updation and transactions took place. This fraud was committed well planned by a set of individuals who work at a financial institution along with agents like outsourced employees at branch. Unfortunately BM and staff became the ultimate victims.

LAPSES OBSERVED:

- KYC updated for deceased customer.
- Outsourced employee being given access to the entire branch and trusted more than a staff.
- Branch Manager signing the documents without seeing the customer on mere trust on the outsourced employee. Staff updating the same based on the same trust in the accounts.
- Putting through high value transactions without customer at branch.

DOs:

- In this phydigital (Physical and Digital) era, where virtual account opening is in vogue. Kindly ensure that the customer is present and the request is from him/her before updating sensitive information like KYC, mobile number, address etc.
- Trust accounts must always be handled with utmost care.
- Always go through the Trust deed, Partnership deed, Memorandum of Association and Articles of Association and ascertain the way they want to carry out banking operations and then update accordingly.
- Always follow the laid down instructions of the Bank.

DON'Ts:

- Never carryout transactions on trust basis alone.
- Never debit customer's account without proper written mandate from the customer.
- Do not initiate any financial transaction based on email/ whatsapp messages.
- Do not follow instructions of the officials contradicting to the System and Procedures of the Bank.

தீதும் நன்றும் பிறர் தர வாரா!!

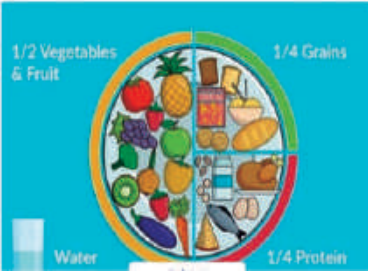
தீதும் நன்றும் பிறர் தர வாரா
கணியனின் கூற்று மெய்யென்று
கண்ணெதிரே காட்டிச்சென்றது
இயற்கையளித்த மிக்ஜாம் புயல்..!
ஆம்..!
வாய்க்கால் வரப்பு வழி நீர் பாய்ச்சி
பயிர் செய்து பசிப்பிணி போக்கிய
உழவனுக்கு வான்மழையை
வரமாய் அளித்த மிக்ஜாம் ...
விளைநிலங்களை தரிசாகவும்
கால்வாய்களை வானுயர்ந்த கட்டிடங்களாகவும்
மாற்றிய மானுடனின் செயற்கை மோகத்துக்கு
மீளாத தீமையை திலகமிட்டுச் சென்றது...!
தன் வாழ்நாள் சேமிப்பின் வடிவான
அடுக்குமாடி உல்லாச வாழ்வு
ஓர் மழையால்
தனித்தீவானது...!
மின்சாரம் இன்றி மக்களை சேர்த்தழைக்க
வலைதளம் வற்றிப் போன நாட்களில்
உண்ண உணவும்,
போர்த்த பேகனைப் போல போர்வையும்
தந்து உதவிய தன்னார்வலர்களும்
மீட்புப்படையினரும் மண்ணில்
மானுடம் மலர வைத்த மேகதூதர்கள் !!
ஆம் ..விழித்துக்கொள்!
நீ எதை விதைக்கிறாயோ..

அதைத் தான் அறுத்தெடுப்பாய் !
நீ எப்படி பார்க்கிறாயோ..
அப்படியே பார்க்கப்படுவாய் !
நீ எப்படி நினைக்கிறாயோ..
அவ்வண்ணமே நினைவு கூரப்படுவாய் !
ஆதலால் உள்ளம் தூய்மை செய்..
தன்னை உணர்தலின் இன்பம் நுகர் !
மகிழ்ச்சியை பயிர் செய்..
நிம்மதியை அறுவடை செய் !
எதிர்மறையாய் ஏராளமானோர் வரினும்
நேர்மறையாய் நெஞ்சை நிமிர்த்தி சொல் உலகுக்கு
தீமையும் நன்மையும் பிறர் தருவதல்ல,
நம் எண்ணங்கள் மற்றும் செயல்கள் வழியாய்
நமக்கு நாமே தருவித்துக் கொள்வது...!
இயற்கையோடு இணைந்து வாழும்
வாழ்வியலை விதைத்து
மனித வளத்தை மாண்புற செய்வோம்!!

ம. ஹிந்துஜா
Associate,
SMEC Teynampet,
Chennai.



WATCH YOUR HEALTH



HEALTHY EATING

As we embark on a new journey in 2024, we need to give due importance to our lifestyle, especially in this Post covid Era.

Factors such as Age, gender, activity level, and specific health conditions can influence dietary Requirements.

What is a well-rounded meals? This is helpful for weight management. By following principles of portion control and choosing nutrient-rich foods, we can create a balanced diet.

It is Recommended to limit the consumption of foods high in ADDED SUGARS, SATURATED FATS and SODIUM. These item are typically found in the "Fats and Sweets".

Portion control can be done by using multiple techniques such as,

- 1.Smaller Plates,
- 2.Measuring portions,
- 3.Munching slowly,
- 4.Starting with less

One can measure portions "Scientifically" by using the "Clenched Fist" (equivalent to about 1 cup) especially for measuring portions of rice, cereal, vegetables and Fruits.



Dr. Radhika Rajagopal, M.B.B.S., DPH.,
AGM Medical / BMO
LHO, Chennai

EAT HEALTHY, LIVE HEALTHY.

CALENDAR DISTRIBUTION TO MEMBERS AND VETERAN LEADERS

The practice of publishing and distribution of calendars to our members and retired office bearers is yet another initiative of our beloved General Secretary Com. G. Kripakaran. Calendars were distributed to all members throughout the circle by respective representatives. On 1st January former Presidents, General Secretaries and senior veteran leaders were visited personally by our G.S. and a team of office bearers at Chennai for distribution of diary and calendar. Other former office bearers were visited by the respective Deputy General Secretaries and their team of office bearers.



CALENDAR DISTRIBUTION TO MEMBERS AND VETERAN LEADERS

